

OUTSIDE / IN COSMETICS NEWSLETTER

Homemade Vegan Friendly Cough Remedy

Flu season is here and this year brings additional health concerns into the mix. This homemade Cough Remedy helps soothe your sore throat and suppress coughs. It is also packed with beneficial natural photochemical and antioxidants; **Lemons** cut through mucous which often accompany colds, **Oranges** provides Vitamin C and helps the liver cleanse the body, **Garlic** is a strong antimicrobial, fresh **Ginger** aids in digestion, **Thyme** is used to treat dry coughs and **Cinnamon** help to boost the immune system.

Cut up the following ingredients put in blender and chop one at a time:

1 Medium Organic Lemon, 2 Medium Organic Oranges,

4 Organic Garlic Cloves and 2 inches of Fresh Organic Ginger root.

Add mixture to boil 3 cups of boiling water. Add 1 tsp Thyme of and ½ tsp of Cinnamon.

Turn heat to medium for 15-20 minutes. Strain through fine mesh strainer.

Add agave nectar to taste (can be replaced with honey).

OUTSIDE/IN REPORTS AND EVENTS

ROXZ by Outside/In Cosmetics

Dressing and playing with makeup is fun, but it shouldn't pose risks. Lip balms can contain harmful impurities that children swallow in small amounts. Fragrance and preservatives may contain neurotoxic or hormone-disrupting chemicals.

ROXZ is our new makeup line for young girls and tweens! All products follow the same holistic approach as Outside/In but are available in low maintenance, mess free packaging. Looking for a great gift for your daughter, niece or granddaughter. Look for our ROXZ TAKEOUT BOX complete with "Nut-Free" Lip & Cheek Tint, Face & Body Shimmer and Roller Eye Shadow.

Outside/In Private Label Services

Looking for new holistic ways to promote your business or event? Consider our new Organic, Vegan Friendly and Nut-Free lip balms. With minimum order of 250 units we can custom make any product in tins or tubes. Great for Corporate Events, Parties, Fundraisers and Weddings!

Canadian Charities and Organizations

To help promote awareness of some of the amazing organizations here in our own backyard! Please [contact us](#) if you would like to add you're non-profit of charity to our website or if you are looking for donations for you next event and we would be happy to assist you.

WHAT'S NEW AT OUTSIDE/IN?



New!

Our creamy, long-lasting lipstick formula has now been perfected and just in time for those harsh winter months! On SALE now!

UPCOMING SPECIALS

NOVEMBER:

FREE 7 pc Antibacterial Makeup Brush Set with purchases of over \$75.00

DECEMBER:

FREE SHIPPING on all orders purchased from December 1st –20th. Plus with every \$25 Gift Certificate receive \$5 in Beauty Bucks!